



ELITSERIEN

Idre Fjäll

OK Ravinen & Haninge SOK in association with the Swedish Orienteering Association

Invite you to

The Elite Series Final 2009

Sunday 11th October 2009

The Final is run in conjunction with the 25-manna Middle Distance Event

- Classes** H21 Elitserien, 6,5 km & D21 Elitserien, 5,5 km.
- Information** info@25manna.nu. Final Details (PM), start lists and result lists will be put on www.25manna.nu.
- Event Arena** Åby Fields in Västerhaninge; about 25 km south of central Stockholm.
- Travel Directions** OL Signs from Main Road nr. 73 and Regional Road nr. 259. Parking in Jordbro industrial area. Walking distance: Parking – Competition arena is 500 – 2000 m
- Public Transport** Commuter Train ('Pendeltåg') to Västerhaninge station. From here it is c. 2,5 km walk
- Entries** By Wednesday 30th September, 2359hrs via Klubben Online. Competitors in foreign clubs who do not have access to the Swedish 'Club Online' system, please e-mail your entry to 25manna-korten@25manna.nu.
- The Elite Series** Registration for the Elite Series race is done separately in its own race. Competitors who do not qualify for the finals will be moved to the normal 25Manna Middle Distance Elite class. The first 40 runners (ranked overall in the Elitserien) are guaranteed a place. The Final will extend to runners from rank 41 and lower should any runner in the top 40 not wish to compete.
- Late Entry** Deadline is Tuesday 6th October, 2000hrs. Via 'Klubben Online'. Competitors in foreign clubs who do not have access to the Swedish 'Club Online' system, please e-mail your entry to 25manna-korten@25manna.nu.
- Fees** Elite 130:-. Late entry costs +50% . Hire SI card 25:-. Non-returned SI hire cards will be charged at 300:-.
Swedish clubs will be invoiced after the event. Foreign clubs are kindly asked to pay all fees when registering via our bank account BIC/SWIFT: NDEASESS, IBAN: SE85 9500 0099 6042 0879 1428 Nordea Bank AB or in cash before starting.
- Parking** Parking in Jordbro industrial area. Walking distance: Parking – Competition arena is 500 – 2000 m.
- Competition Type** Middle distance; time limit – 2 hours
- Start** First start 11.00. Max 1500 metres from Assembly to start.
- Start Order** Reverse starting order in relation to overall position in the Elite Series where the overall leader starts last. 2 minute start interval.
- Punching System** SportIdent will be used. Enter SI card numbers when registering, otherwise the organisers will allocate you hire cards..
- Map** Scale 1:10.000, updated 2009. Contour interval: 4 m. Digitally printed on a colour printer.
- Terrain** All courses go into forest with many large and small paths. There are a few forest vehicle/extraction lanes and power lines. There are also very small amounts of cultivated land. An area with a stream ravine and sandy terrain (gravel pit) will be used.
- Hilliness:** Moderately hilly. Some of the edges of the upper parts of the hills are very detailed. There are only a few very steep areas but these are relatively detail poor.
- Runnability:** Good. The vegetation consists in the main of coniferous forest of varying ages.
- Prizes** Usual for Elite Series.
- Services** Well stocked food outlets with grill. OL Sports Shop. First Aid.
- Event co-ordinator: Ola Kåberg , +46 70-323 66 95
Planner: Anders Bøgevig, +46 70-423 10 51
Event Controller: Bengt Johansson

Välkomna!

